

TOWER TALK

January 30 and 31, 2010

- YOUTH GROUP -

Parent's Night Out
February 6th
6-11pm

We want to watch your children while you have a night with your spouse. We have a night filled with fun including; coloring, board games, big group games, great snacks, movies, and more. Please come when it is convenient for you and your children. We do not provide dinner but you can drop off your child with a meal. We ask for a free will donation for our youth. This provides funds for scholarships to go to Youth Events.

Shrove Tuesday Pancake Feed
Tuesday, February 16th, 6-8 p.m.

for the Youth and their Summer Mission Programs Mission Trip and ROTC

\$5 per plate, \$10 for family

Our Dixieland Band will be there!

Happening 84

This is a great youth event that is for Senior High youth, grades 9-12. It is a weekend where we play games, learn more about Jesus, and eat great meals. The weekend is mostly put on by youth, which makes it extra fun. This year's Happening is **Feb 19th-21st** at St. James in Wichita Kansas. One of our youth is the Rector, Elizabeth Parker, and many other youth and adults are going to be involved from St. Thomas. So if you are in High School, this is a great Happening to go to and experience. For more information and registration go to the website: <http://www.episcopal-ks.org/youth/happening.html>. Scholarships are available. Registrations due Feb 8th.

CPR/AED Training at St. Thomas

Our third year of CPR/AED Training will be offered for you in two separate sessions: **Wednesday, March 3, 6:30-9:00 PM or Saturday, March 6, 9:00-11:30 AM.** If you took the course two years ago, then it's time to renew your certification.

St. Thomas is paying the course fee for our paid staff, but the course is open to our St. Thomas members for a \$15 fee. Our instructor, Virgel Swanson of JOCO Med-Act, offers us the course on his own time for making a donation of \$15 per person to Explorer Post 2205. This is a very good fee.

St. Thomas has an AED (Automated External Defibrillator) located near our other emergency equipment. Using the AED and CPR (Cardiopulmonary resuscitation) are important tools in helping someone survive sudden cardiac arrest, and as non-medical people we can be trained to use these tools. The law protects us, as volunteers, provided we have current AED/CPR certification.

If you are on staff, on vestry, an usher, or a committee head, please consider taking this course. We open this training to other members of St. Thomas because this course is an investment in anyone's time and talent. Being prepared in this area is a ministry in itself, as well as giving us a skill that can be used at home, at work, or anywhere in the event of an emergency. It is part of a "chain of survival" to be used in sudden cardiac arrest until professional medical help arrives, and it helps save lives when the minutes count. Enrolment forms are located on the "usher's stand." Completed forms are to be put in Judy Dutra's mailbox in the copy room. The deadline for enrolment is: Sunday, February 28th.

10th Annual

Café St. Thomas... presents

"At the Hop" Breakfast & White Elephant Exchange Saturday, February 6, 9-11:30 in the Asbly Rm

Dust off your poodle skirt or roll up your jeans, comb that duck tail or beehive and bop on over to St. Thomas for a trip down memory lane (or not)... for you youngsters...

Please bring a non-perishable food item for St. Paul's Food Pantry and your most prized "white elephant" gaily wrapped to exchange - one per person.

FYI... this will be our tenth year—chasing away the winter blahs. Some say "the most fun activity during the year"! Come see for yourself!

Any questions? Give Linda Manual, 438-7407 or Sharon Moorhead, 851-1899 a call.

"L-7"... "Daddy-O"... "Cool Cat"



Flowers on the Altar have been given to the Glory of God by

Michael and Jane Wiggins in honor of their parents.



The St. Thomas Nursery

The nursery offers TLC to all children from birth through 3 years of age. The nursery is open every Sunday from 8:30 to 12:00 and for most all parish events. If you have questions or concerns, please contact Anne Thompson @ 913-231-9701 or athompson@stthomasop.org.

Pictorial directories are in the narthex. One directory is available per family. For those whose photos are included—your directory is labeled and placed in alphabetical order in a separate box.

News from the FLOWER GUILD

Just a reminder that we are at the beginning of the New Year and our flower calendar is located on the beautiful new bulletin boards just past the office. Please feel free to sign up for any special occasion, anniversary, birthday, or memorial. Your special day will be recognized with altar flowers and announced in the Tower Talk each week. The suggested donation for flowers is \$50.00. All donations are welcome.



- OUTREACH AT ST. THOMAS -

EPISCOPAL HUNGER RELIEF NETWORK A Ministry of Episcopal Community Services

News from St. Paul's

We continue to see record numbers of neighbors coming to the Pantry doors seeking food and we are thrilled to be able to help them. Thanks for the wonderful donations that fill up the red wagons! Please remember that St. Thomas is trying to staff the Pantry on the second Saturday of each month. Sign up on the bulletin board and be a part of this great ministry.



As often as you did it for one of my least brothers, you did it for me.

Painters needed...

The hallways at the **Community Kitchen at Grace and Holy Trinity Cathedral** are getting updated with new paint!

We need help putting the final coat of paint on the walls to finish the job. This could be done in the evening during the week or on a weekend and would take an estimated four hours (depending on the number of volunteers). All the paint and supplies are provided. Call or email Peggy Salts if you can help psalts@episcopalcommunity.org or 913.484.5216.

Backsnack Program

This is a reminder that we still need helpers to clean the backsnacks—Sundays through Wednesdays. This is a program for children in need of food over the weekends at Comanche Elementary School in Overland Park. We give all supplies and assistance if needed. Call Denis or Ellen Peters at 913-681-8642.



**New office hours are
9 a.m. to 4 p.m. Monday through
Thursday, and 9 a.m. to
Noon on Friday.**

This Week at St. Thomas

Sunday, 01/31/2010

8:00 AM Praise Band Practice –nave
8:45 AM Holy Communion
9:50 AM Choir Practice-loft
Sunday School-all classrooms
Adult Formation-Asbly Rm
10:45AM Holy Communion
6:00 PM AA-Asbly Rm
7:00 PM Youth Group-LL/Rm 137
EFM-Rm 133/134

Asbly Rm =
Assembly Room

Monday, 02/01/2010

1:30 PM Full Staff Mtg-Asbly Rm
5:30 PM Yoga-Asbly Rm
6:30 PM Outreach Comm-Rm 133
7:00 PM Explorers-Rm 134
7:30 PM Prayer Shawl Ministry-Rm 137

Tuesday, 02/02/2010

9AM-1PM Parents' Day Out-Nursery
6:30 PM ChristCare Grp Ldr Trng-Rm 137

Wednesday, 02/03/2010

4:00 PM Children's Choir-nave
5:30 PM Yoga-Asbly Rm
7:00 PM Praise Band Practice
8:00 PM Adult choir-nave loft

Thursday, 02/04/2010

11:00 AM Bible Study-Asbly Rm

Friday 02/05/2010

Rector's Day Off
7:00 PM SCA-Asbly Rm

Saturday, 02/06/2010

9:00 AM Café St. Thomas-Asbly Rm (9-11:30)
11:30 AM Setup for Baby Shower-Asbly Rm
1:00 PM Baby Shower-Asbly rm
5:30 PM Holy Communion

For a listing of more dates, go online to the website (www.stthomasop.org) and click on "Calendar." You may also refer to the calendar on the bulletin board in the main hallway next to the office. To add an event to the calendar, contact Meribeth in the church office, 451-0512 or calendar@stthomasop.org.

Articles for "Tower Talk" are due by NOON EVERY MONDAY. Articles will only run for a duration of two weeks unless notified otherwise. Send info and articles to Meribeth by e-mail mrisebig@stthomasop.org, put a note in her box in the Communication Room, call her at 913-451-0512, or hand it to her directly.

If your e-mail address has changed recently, you've just gotten e-mail, or if you'd like to join our e-mail list online, please register this information on the special sheet on the sign-up bulletin board in the main hallway.

The Rt. Rev. Dean E. Wolfe, *Bishop of the Diocese of Kansas*; The Rev. Gar Demo, *Rector*; The Rev. Kevin Schmidt, and The Rev. Edwin Sisk, *Associated Priests*; The Rev. Barbara Adam, *Deacon*; Ann Clements, *Director of Children's Ministry*; Dr. Beth Elswick, *Director of Music Ministry*; Katie Knoll Lenon, *Director of Youth Ministry and Small Groups*; Anne Thompson, *Director of Nursery*; Meribeth Risebig, *Administrative Assistant*

The Vestry: Sue Elliott, *Senior Warden* 913-302-2086; Weldon Fate, *Junior Warden* 913-402-6855; Emily Barnes; Bob Beeler; Ted Bemis; Judy Dutra; Brad Eldridge; Brian Geary; Jim Kahlfeldt; Deb McArthur; Jan Summers; Mary Lynn Swafford; Kathy Townley, *Treasurer*; Jack Swafford, *Co-Treasurer*; Beth Anderson, *Clerk*